

What to Pack to Make Your Stay at Campus Easier

For a trip to Henan Province, China, packing for both summer and winter, especially for work purposes, requires specific considerations due to the region's climate, culture, and professional attire. We know that a move overseas can be overwhelming, but most items can be purchased in China either in person or online. Here's a guide to help.			
General Essentials for Henan Province			
<div></div>	1. <b>Work-Related Items:</b>	<div></div>	<b>Travel Essentials:</b>
<div></div>	<div>o Laptop and charger</div>	<div></div>	<div>o Passport, visa, and copies of important documents</div>
<div></div>	<div>o Portable charger and power adapters</div>	<div></div>	<div>o Copy of your invitation and notification letters</div>
<div></div>	<div>o A pen, and other favored stationery</div>	<div></div>	<div>o Copy of your contract</div>
<div></div>	<div>o Any necessary documents or files</div>	<div></div>	<div>o Travel insurance details</div>
<div></div>	2. <b>Technology:</b>	<div></div>	<div>o Medications and a small first-aid kit</div>
<div></div>	<div>o Smartphone (large storage capacity &amp; Sim card slot) and charger</div>	<div></div>	<div>o Travel-sized toiletries</div>
<div></div>	<div>o Laptop or table (extremely helpful)</div>	<div></div>	<div>o Tissue for public toilets</div>
<div></div>	<div>o Travel adapter</div>	<div></div>	<div>o Hand sanitizer wipes</div>
<div></div>	<div>o VPN - Astril* or Let’s VPN works the best here - to connect to most western internet related products/platforms/apps</div>	<div></div>	<div>o Ear plugs</div>
<div></div>	<div>o <i>Download <b>Alipay App</b> with international card details on it as most places in China do not accept cash.</i></div>	<div></div>	<div>o <i>(Optional)</i> Reusable water bottle</div>
<div></div>	<div>o <i><b>WeChat App</b> should also be downloaded especially to be able to communicate with Officials from the Campus on your journey to China (in case of an emergency)</i></div>	<div></div>	<div>o <i>(Optional)</i> Travel-sim card (3-5 days): Chinese public wifi needs a phone number</div>
<div></div>	<div>o <i><b>A translation app.</b> Should also be downloaded for easy communication if needed during your trip. (<i>Baidu Translate / Microsoft Translate</i>) work well in China. Anything google related will not work without a VPN.)</i></div>	<div></div>	<div>o <i>(Optional)</i>Travel / neck pillow</div>
<div></div>	<div><i>*The last 4 suggestions above are essential to make your stay in Henan a lot easier.</i></div>		
Summer Packing List for Henan Province Climate Considerations • Summer: Henan can be hot and humid, with temperatures often reaching above 30°C (86°F). Light, breathable clothing is essential.			Winter Packing List for Henan Province • Winter: Winters can be cold, with temperatures often dropping below 0°C (32°F). Warm, layered clothing is necessary. By packing thoughtfully, you can ensure you are comfortable and professional throughout your stay in Henan Province, regardless of the season.
	Clothing		
<div>* Clothes and shoes can be purchased both online and at stores locally, however, be mindful of Asian style and sized shoes and apparel when considering this as an option.</div>			
<div></div>	Summer	<div></div>	Winter
<div></div>	1. <b>Lightweight Suits:</b> opt for breathable materials like cotton or linen.	<div></div>	1. <b>Warm Suits:</b> Suits made of wool or other warm materials.
<div></div>	2. <b>Dress Shirts/Blouses:</b> Short-sleeve or long-sleeve, focusing on light and breathable fabrics.	<div></div>	2. <b>Dress Shirts/Blouses:</b> Long-sleeve, possibly with thermal undershirts.
<div></div>	3. <b>Lightweight Dresses/Skirts:</b> Professional, modest, and comfortable.	<div></div>	3. <b>Warm Dresses/Skirts:</b> Layer with tights or leggings.
<div></div>	4. <b>Pants:</b> Lightweight, breathable fabrics such as cotton or linen.	<div></div>	4. <b>Pants:</b> Thicker fabrics like wool or flannel.
<div></div>	5. <b>Casual Wear:</b> T-shirts, shorts, and casual dresses for off-hours.	<div></div>	5. <b>Casual Wear:</b> Long-sleeve tops, sweaters, and warm trousers.
<div></div>	6. <b>Cardigan/Light Jacket:</b> For cooler evenings or heavily air-conditioned offices.	<div></div>	6. <b>Heavy Coat:</b> A warm, professional-looking coat for outdoor wear.
<div></div>	7. <b>Undergarments:</b> Adequate for your stay.	<div></div>	7. <b>Layering Pieces:</b> Sweaters, cardigans, and thermal tops.
<div></div>	8. <b>Comfortable Shoes:</b> Dress shoes for work, comfortable walking shoes, and sandals for casual wear.	<div></div>	8. <b>Undergarments:</b> Thermal underwear for extra warmth.
<div></div>	9. <b>Accessories:</b> Sunglasses, hats, and a lightweight scarf.	<div></div>	9. <b>Accessories:</b> Gloves, hats, scarves, and warm socks.
<div></div>	10. <b>Footwear:</b> Comfortable footwear with good traction (many slippery areas on campus)	<div></div>	10. <b>Footwear:</b> Insulated, waterproof boots for colder weather and dress shoes for work (keep in mind traction).

	<div>Personal Care</div> <div><i>*Most items you can find through online shopping, but you may need to adjust a month or so prior to being able to set up your bank account with the mobile apps.</i></div>		
<input type="checkbox"/>	1. <b>Deodorant:</b> Not as common to find in local stores	<input type="checkbox"/>	1. <b>Moisturizing Skincare:</b> Rich moisturizers and lip balm to prevent dry skin.
<input type="checkbox"/>	2. <b>Preferred products:</b> Specialty to your preference	<input type="checkbox"/>	2. <b>Hand Cream:</b> To keep hands from getting chapped in the cold.
<input type="checkbox"/>	3. (Optional) <b>Hydrating Skincare:</b> Moisturizers and hydrating masks for hot and humid weather	<input type="checkbox"/>	3. <b>Hair Care:</b> Anti-frizz products for dry winter air.
<input type="checkbox"/>	4. (Optional) <b>Insect Repellent:</b> To protect against mosquitoes	<input type="checkbox"/>	4. <b>Preferred products:</b> Specialty to your preference
<input type="checkbox"/>	5. <b>Sunscreen:</b> High SPF for protection against strong UV rays	<input type="checkbox"/>	4. (Optional) <b>Lip balm/Chapstick:</b> Keep your lips comfortable
<input type="checkbox"/>	6. <b>Hair Care:</b> Specific products (hair type, organic, etc.)	<input type="checkbox"/>	
<input type="checkbox"/>	6. <b>Tampons:</b> Not as common to find in local stores	<input type="checkbox"/>	
<div>Other</div>			
<input type="checkbox"/>	(Optional) <b>Umbrella</b>	<input type="checkbox"/>	<b>Specialty supplements or medicine</b> <i>(if needed)</i>
<input type="checkbox"/>	<b>Snacks, comfort food, comfort seasonings/sauces</b>	<input type="checkbox"/>	(Optional) <b>Dryer sheets</b> - not common in local markets
<input type="checkbox"/>	<b>Suggested small gifts or snacks from your home country</b> (excellent gifts - don't need to be expensive—a small gift goes a long way)	<input type="checkbox"/>	(Optional) <b>Extra large towel</b> - Not so common
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